

TRIANGULAR TRAINING



Continue Your Mobility.



**Mental
strength**



**Physical
health**



**Emotional
stability**



www.aldavia.com

ABOUT ALDAVIA

aldavia® stands for a new attitude to life.

aldavia® supports people in taking responsibility for their health. With innovative concepts and products, we pursue a holistic approach based on the aldavia® triangular training concept. The 3 pillars of health are effectively strengthened:

- ✔ Physical fitness: flexibility, strength, coordination, endurance
- ✔ Mental strength: resilience, concentration, performance
- ✔ Emotional stability: stress management, balance

Products such as turtleGYM®, senseWAVE®, salMENTIS® or papimi effectively promote health and performance.

MORE INFORMATION



www.aldavia.com



ALDAVIA® THERAPY

More possibilities for your health.

turtleGYM®

salMENTIS®

The Aldavia logo, featuring a stylized infinity symbol above the word "aldavia" in a lowercase sans-serif font.

aldavia®

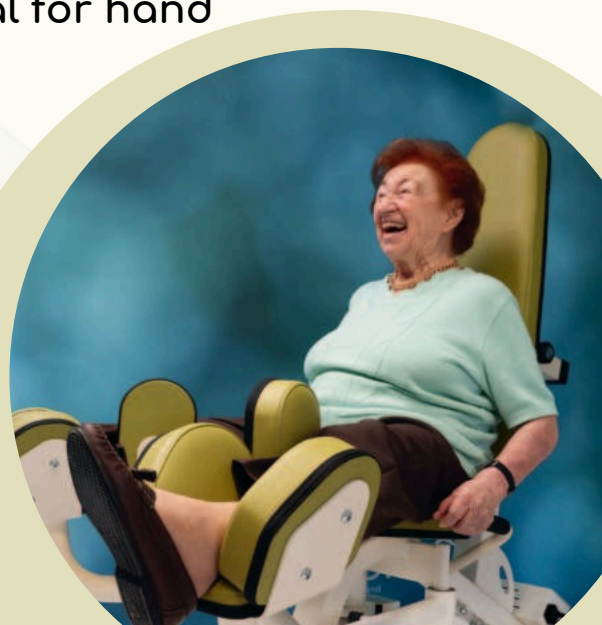
papimi

senseWAVE®

turtleGYM®

SMART isokinetic strength training equipment

- ✔ Isokinetic muscle strength training
- ✔ Bone- and joint-friendly training
- ✔ Accessible training
- ✔ Brain and cardiovascular function training
- ✔ Sports / rehab needs of special groups
- ✔ Hand Harmonic Sport Platform - Ideal for hand training for various indications



saIMENTIS®

For a holistic health

Experience the innovative sound wave lounge: four precisely tuned body sound generators bring your body into resonance and support natural cell regeneration. Harmonious music specifically stimulates different regions, promotes well-being and can lead to an increase in cell membrane potential.

AREAS OF APPLICATION



- ✓ Pain therapy
- ✓ Promotion of wound healing
- ✓ Dermatology
- ✓ Pediatrics
- ✓ Psychological symptoms
- ✓ Immune system



senseWAVE®

Dynamic balance analysis

senseWAVE® opens up new possibilities in sensorimotor technology. With dynamic balance analysis and precise measurement technology, the system forms a reliable basis for accurate diagnoses and personalized therapy approaches. From rehabilitation to fall prevention: senseWAVE® combines innovative technology with practical solutions for a better quality of life.

- ✓ Innovative balance diagnostics
- ✓ Suspension technology and biomechanical measurement technology
- ✓ Targeted fall prevention
- ✓ Individual therapy planning



papimi

Ion induction therapy

Ion induction therapy (IIT) from papimi supports natural cell regulation and activates weakened cells. This stimulates self-healing processes and shortens regeneration times.

AREAS OF APPLICATION



Wound healing & pain treatment



Bones, muscles & tendons



Joint diseases & regeneration



papimi  *simply effective.*



CONTACT US!

+43 660 36 38 876

sales@aldavia.com

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www.aldavia.com

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